

# *Path to Presence*

A JOURNEY OF SPIRITUAL  
Growth & Mindfulness

A LETTER TO ALLAH

*Bonus Resource*



The Fajr Sisters

# A Letter to Allah



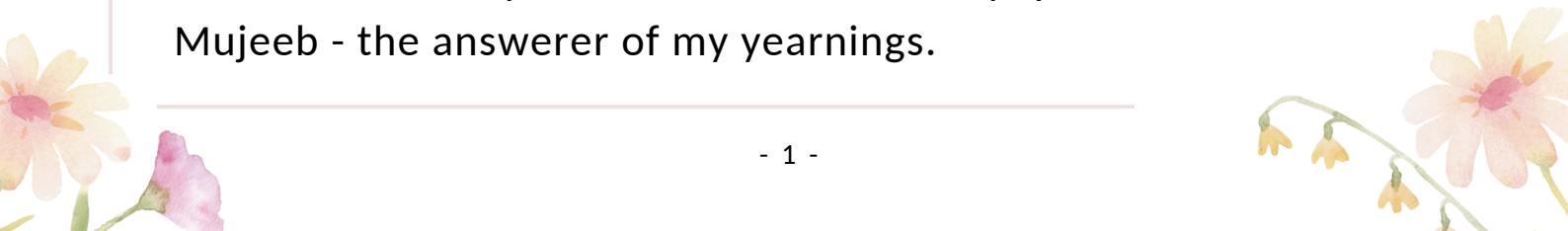
## *Dear Allah,*

I woke up this morning with a renewed hope in Who you are and Your plan for me. I thank You for all the wonderful gifts and blessings you have surrounded me with. I thank You for the opportunity and the ability to breathe in deeply and mindfully. I thank You for the iman that beats in my heart, the passion that flows through my veins, the purpose You have inspired within me.

I thank You for the tears that flow after I have sinned, softening the hardness of my heart. I thank You for Your invitation to return to You and for Your banquet of forgiveness, mercy, and light. I thank You for Your love, for Your continuous compassion, for Your generosity, for Your facilitation, and for Your guidance. I thank You for Your words of wisdom in the Quran, for Your comfort, and for Your presence in my life.

Thank You my Lord for this blessed day, for the gift of life, for the opportunity to serve and surrender to You.

Glory be to You oh Allah, Lord of the worlds and all praise and all thanks. Glory be to You oh Allah, You have no partners. Glory be to You oh Allah, none is worthy of worship but You. You are my Rabb - my nurturer. You are Ar-Razaq - my provider. You are As-Salam - my peace. You are Al- Wasi'- the expander of my horizons and the expander of my chest. You are As-Samee'- you've listened to every plea. You are Al-Mujeeb - the answerer of my yearnings.



# A Letter to Allah



Ya Ghafoor, the Most Forgiving, please forgive me for the times I've wasted, for the promises I've failed to fulfil, for the responsibilities I did not show up for. Please forgive me for all my shortcomings, arrogance, negligence and sins. Indeed I have oppressed myself and indeed I am at loss without Your forgiveness.

Ya Shafi, The Healer, spread Your light between the cracks of my brokenness, lift me up and hold me with strength, care and wisdom. Carry me the way You carry the wings of the birds flying against the wind.

Oh Allah, I ask you to use me to serve You. Help me to nourish myself, my family, my neighbours, my community, and humanity in Your name and for Your sake. Help me to be present and make those around me feel seen, heard and loved by You.

Ya Hadi, Oh The One who guides, guide the way I prioritise my affairs and responsibilities. Enable me to hold myself accountable. Empower me to not take my blessings, time and life for granted and to uphold the principles You've instilled within me. Guide my planning, prioritisation and implementation. Renew my intentions, replenish my faith, purify my soul. Guide my heart, guide my mind, guide my hand, guide my pen.



# A Letter to Allah

I am here oh Allah, at Your service. Let me start every action in Your name and for Your glory. There is no power and no might except from You, oh Allah. In Your name I begin, in Your name I move forward, in Your name I live, in your name I die.

May Your peace, blessings and salutations be upon the beloved messenger Muhammad and all thanks and all praise be to You, Lord of the worlds.

With love and surrender,

*Your servant*

## Tips to personalise your letter to Allah:

*Writing and reading are two powerful tools on your journey of building an intimate connection with your Creator. Read this letter every morning or week before you do your planning or start your tasks, or use it as inspiration to write your own personalised letter to Allah. Here are some points to help you:*

- 1 REMOVE ALL DISTRACTIONS AND TAKE A DEEP BREATH
- 2 BEGIN WITH GRATITUDE FOR HIS BLESSINGS
- 3 ADMIT YOUR STRUGGLES AND WEAKNESSES
- 4 BE VULNERABLE, HE LISTENS WITHOUT JUDGEMENT
- 5 SHARE WITH HIM YOUR HOPES AND DREAMS